

Resumption of Sport in India Covid-19 scenario

A study initiated by President Dr. Narinder Dhruv Batra

Current Sports Scenario: a quick overview

- Due to the outbreak of coronavirus (COVID-19) pandemic entire nation is under lockdown since March 25, 2020
- All International and National sports competitions are either cancelled or postponed
- All sports gatherings such as competitions, meetings, training on sports grounds has been stopped by order of Government due to lockdown
- There is complete uncertainty when the situation will become conducive to travel, train and for the competitions to be organised

Current Sports Scenario: overview (contd.)

- Training of the athletes was at the peak when the lockdown was enforced and the athletes had to stop their training at once, although it differs from sport to sport
- The risk of athletes & coaches losing motivation is real
- Since there are no sports activities, sponsorships and media coverage have substantially reduced
- When there are thousands of positive coronavirus cases and so many casualties across the country, the priority of the sports has diminished
- 2020 Olympics has been postponed to 2021
 - Some advantages and disadvantages for the athletes



Facilitating decision-making

- In the present scenario, we will have to find out what is the way forward and how athletes can resume sports activities, training and eventually competitions
- It goes without saying that resumption of sport will have to be guided by the Central and State Governments and the public health policies laid down
- However, as a pro-active and responsible organisation, IOA must share feedback and ideas from the sports community with the decision-makers



Some questions that we ask ourselves

- Which are the safest sport to start early?
 - Athletics, Archery, Shooting & Weightlifting?
 - Badminton, Squash, Table tennis and Tennis as non-contact sport?
- How and when should team sport resume in the country?
 - Basketball, Football, Hockey, Volleyball & doubles in badminton, tennis, TT etc.
- How and when should water sport resume in the country?
 - Swimming, Sailing, Rowing, Canoeing & Kayaking
- How and when should contact sport resume in the country?
 - Boxing, Wrestling, Judo, Karate, Taekwondo, Wushu



Some more doubts that crop up

- Remember training equipment is shared and athletes will touch them
- How can sport like athletics maintain social distancing in track events?
- Since players have to touch tennis balls, shuttlecocks, table tennis balls, basketballs, handballs and volleyballs, how safe would it be to resume these sport and when?
- In sport like basketball, football, handball, hockey, kabaddi, kho-kho and squash which see body contact, how safe would it be to resume training and competition?
- As each sport has its own idiosyncrasies, the questions will vary from discipline to discipline

What can sports administrators do now?

- Come up with a White Paper with insightful and practical suggestions on returning to sport, both at individual and societal levels
 - Based on consultations with a wide spectrum of stakeholders across the country, the White Paper can be a vision statement
 - It can be **helmed** by IOA President, Secretary-General and Chairman, Preparation Committee
 - Driven by National Sports Federations & State Olympic Associations
 - Audited by a Committee of Experts from different walks of life



Purpose of creating White Paper

- To be in the forefront of drawing up a blueprint for resumption of competitive sport at all levels
 - From a medical perspective
 - From an athlete's perspective
 - From a social perspective
 - From the economic perspective
 - From the perspective of holding competitions
 - From the perspective of safe training and free travel of sports community
- To be seen as a responsible organisation which cares for athletes at all levels and for the society at large

Methodology

- IOA/National Sports Federations will **lead** this mission by
 - Holding dialogue with MYAS/SAI/Training Centres under SAI and State Governments
 - Removing all impediments
 - Compiling responses from all stakeholders
- Respondents can click on a Google Forms questionnaire (link provided at the end of the presentation) and share their answers
- A special panel will compile the suggestions and analyse the data gathered from across the country
- IOA President, Secretary General & Chairman, Preparation Committee will consult experts and **oversee** the compilation of the White Paper as well as ensure effective implementation of the training/competition programme and remove hurdles, if any

Time-frame for NSFs and SOAs/SOCs

- A draft White Paper will be prepared based on responses collated by identified NSFs and SOAs by May 20, 2020 to address resumption of sports activities for
 - For athletes who have qualified/are likely to qualify for Olympic Games
 - Other international and national-level athletes
 - Activities at the State-level athletes
- A final, more comprehensive version of the White Paper will be readied for release in June 2020. It will include responses collated by other NSFs and States/Union Territories Olympic Committees/ Associations
 - Other NSF and SOC/SOA Deadline: May 31, 2020



Deadline for identified NSFs: May 20, 2020

- Archery Association of India
- Athletics Federation of India
- Badminton Association of India
- Boxing Federation of India
- Cycling Federation of India
- Equestrian Federation of India
- Indian Golf Union
- Hockey India
- Fencing Association of India
- Judo Federation of India

- National Rifle Association of India
- Rowing Federation of India
- Swimming Federation of India
- Table Tennis Federation of India
- All India Tennis Association
- Indian Weightlifting Federation
- Wrestling Federation of India
- Yachting Association of India

For other NSFs, deadline is May 31, 2020



Deadline for identified SOCs/SOAs: May 20, 2020

- Assam
- Delhi
- Gujarat
- Haryana
- Karnataka
- Kerala
- Madhya Pradesh
- Maharashtra

- Manipur
- Odisha
- Punjab
- Rajasthan
- Tamil Nadu
- Telangana
- Uttar Pradesh
- West Bengal

For other SOCs/SOAs, including those from the nine Union Territories, the deadline is May 31, 2020



Seven questions to ask stakeholders

- What would be the right time and strategy to resume training?
- What changes do you foresee in Sport when it resumes after lockdown – with personal hygiene, social distancing, self-protection?
- When would be it safe to resume competition and what will be the strategy?
- What precautions need to be taken when resuming sport?
- Do you prefer spectators in-Stadia when competitive sport resumes?
- How should local-level sport resume in schools, colleges and clubs?
- What norms should be followed in public playgrounds & play spaces?



Other factors that need addressing

- What are the anticipated number of community sport members?
- How will the training venues be sanitised from time to time?
- Can any training be adequately be done in homes/hostel rooms?
- Can training be staggered to reduce numbers and contact?
- How can social distancing be maintained at all sports venues?
- How can shared sports equipment & facilities be sanitised?
- Are resources for cleaning and santisation available?
- How can athletes' time in shared facilities be limited?
- Are isolation areas available in/near training and competition venues?



Stakeholders for consultation

- Athletes
- Coaches, Medical staff & Recovery Experts
- High-Performance Support Personnel
- Match officials
- Central Government, including public health professionals, MYAS, SAI & State Sport Authorities
- Sponsors, including NGOs
- Media
- Fans
- Sports Administrators



Athletes that NSFs may reach out to

- Elite Athletes
- Developing Athletes
- Former Athletes



Athletes that SOAs/SOCs may reach out to

- State-level athletes, present and past
- Development athletes in the State
- District and Club-level athletes



High-Performance staff NSFs may reach out to

- High Performance Managers or High-Performance Directors
- National Chief Coach
- Medical Doctors & Recovery Experts
- Deputy Chief Coach
- Assistant Coaches
- Sports Physiologists
- Trainers, Physiotherapists, Masseurs & Masseuses
- Sports Psychologists



Match officials that NSFs may speak with

- International Umpires/Referees/Judges
- National Umpires/Referees/Judges
- Qualified technical Officials
- Scorers



Central Government whose views IOA will seek

- Ministry of Youth Affairs and Sports, Government of India
 - Sports Authority of India
- Ministry of Health and Family Welfare, Government of India
- Niti Aayog
- Ministry of Urban Development
- Ministry of Rural Development



State Olympic Committees/Assns to seek views

- State Sports Ministries
- State Health Ministries
- Municipal authorities in cities, towns & at block level
 - With special focus on resumption of club-level, school and college sport and in public spaces
 - Officials who will supervise execution, ensure proper precautions to be taken in regard to social distancing using proper equipment, sharing other facilities



NSFs & SOAs/SOCs may reach health experts

- Doctors Virologists and other specialists
- Sports Medicine specialists



Media that may be asked for views

- Broadcast Partner of each NSF (CEO & Producers)
- Sports Editors & Journalists in Print Media
- Writers on Sports Websites
- Reputed commentators of each sport



Fans who may be reached

- In Stadia
- Broadcast & other digital media
- Social Media

- Important questions to be asked of them
 - Will they support resumption of competitions sport with minimum attendance at venues?
 - How can they help maintain hygiene and social distancing at venues?



Sports administrators

- IOA President, Secretary-General & Chairman, Preparatory Committee
- IOC members in India
- NSF Presidents & Secretaries-General
- NSF Chairmen of Selection Committees & Technical Committees
- SOA/SOC Presidents & Secretaries-General
- Other experienced administrators



A classification of disciplines

- Individual Sport
 - Archery
 - Athletics
 - Cycling
 - Equestrian
 - Fencing
 - Golf
 - Shooting
 - Squash
 - Table tennis
 - Tennis
 - Weightlifting etc

- Team Sport
 - Basketball
 - Football
 - Handball
 - Hockey
 - Kabaddi
 - Kho-kho
 - Volleyball etc

- Contact Sport
 - Boxing
 - Judo
 - Karate
 - Taekwondo
 - Wrestling
 - Wushu etc

- Water Sport
 - Canoeing
 - Rowing
 - Sailing
 - Swimming etc



Your co-operation is integral to this project

- It goes without saying that without the support and co-operation of NSFs and SOCs/SOAs, the White Paper will not see the light of the day
- Instead of waiting for Government directions, the sports community can come together to evolve some norms for resumption of all sport
- It will be a path-breaking exercise that will establish sports administrators as aware, caring, thinking and responsible



Google Forms Link that to be used



 Following is the Google Forms link so that respondents can answer directly

https://forms.gle/nPfXsgfnfPtyn9F38



Let's do it together and as Team India

- Those wishing to e-Mail response in PDF or Word Document format, can send mail to <u>kukubatra57@gmail.com</u>, <u>drkuku@batra.ind.in</u>, <u>ioa@olympic.ind.in</u>, and <u>neha@olympic.ind.in</u>
- Thank you, in advance, for your support of this path-breaking study

Warm regards

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